

HEALTHY KIDS MENU

Toppings for Sandwiches available upon request.
All Sandwiches come with Baby Carrots.

Ham & Cheese

97% Fat-Free ham, American Cheese, Whole Wheat \$5.75

Hot Diggity Turkey Dog

A Healthy Alternative to a Beach Favorite! \$5.75 **Add Cheese for \$1**

Dino Bites

Dinosaur shaped Chicken Nuggets, grilled, not fried. \$6

Kids' Grilled Cheese

A smaller version of our Classic, served on Whole Wheat. \$5.75

PB & J

Grape Jelly, Creamy Peanut Butter, Whole Wheat. \$5.75

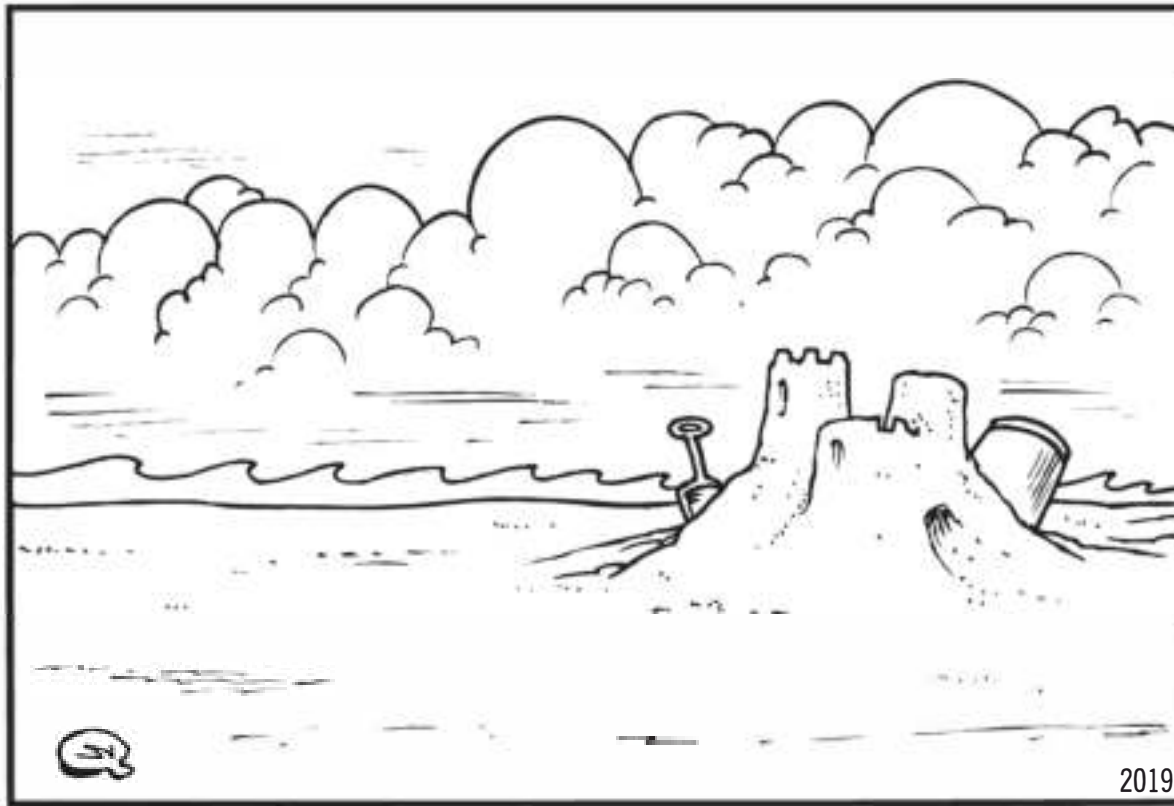
(Items below only available after 5:00pm)

Crabby Patty Dinner

Two mini Crab Cakes, Wild Rice and grilled Veggies. MKT

Kid's Pasta

Choice of Penne or Linguine. (Parmesan Cheese upon request)
Choice of Butter or House Marinara. \$7





Proudly Serving Dewey for Over 30 Years!

BREAKFAST MENU



The Mess
Gary's Specialty
 A plate full of Eggs, Cheese, Breakfast Meats, Veggies, Toast. \$13

Specialty Wraps & Sandwiches

(Wraps Choice of Plain or Tomato) Make most items gluten-free by omitting the bread or wrap. 3 eggs in each wrap, 2 eggs in each sandwich

The Big Guy Wrap

Egg, American Cheese, Low-Fat Ham, Turkey Sausage, Bacon. \$12

The Hangover Cure Wrap

Egg, American Cheese, Turkey Sausage, Breakfast Potatoes, Texas Pete Hot Sauce. \$11

The Gobbler

Egg, American Cheese, Grilled Turkey, Veggies. \$11

The Jerk Wrap

Egg, Cheddar Cheese, Jerk Marinated, Slow Roasted Pulled Pork. \$11.5

Border Burrito Wrap

Egg, Cheddar Cheese, Bacon, House Pico de Gallo. \$10.5

Greens, Eggs, & Ham Wrap

Egg, Cheddar Cheese, Low-Fat Ham, fresh Spinach. \$10

The Dirty Jerz' Wrap

Egg, American Cheese, Pork Roll, grilled Peppers & Onions. \$9.75

The Good Morning Wrap

Egg Whites, American Cheese, Veggie Sausage, grilled Veggies. \$13

Egg B.L.T. Wrap

Egg, Bacon, Lettuce, Tomato, Mayo. \$10

The Big Taste Sandwich

2 Eggs, American Cheese, Pork Roll, Sriracha Sauce, Apple Butter, toasted Thomas English Muffin. \$9.75

Iced Coffee \$4

Gary's Brewed Coffee
 (Please help yourself to free refills) \$3

Egg Sandwich

2 Eggs, Choice of Cheese and Bread \$7 With Meat \$9.5

Cheese: American, Provolone, Swiss or Cheddar

Bread: Wheat Toast, Rye Toast, Toasted English Muffin, Toasted Plain Bagel or Toasted Everything Bagel

Meat: Bacon, Low-Fat Ham, Turkey Sausage, Pork Roll or Veggie Sausage

Egg Wrap (Wraps Choice of Plain or Tomato)

3 Eggs, Choice of Cheese \$8 With Meat \$10.25

Cheese: American, Provolone, Swiss or Cheddar

Meat: Bacon, Low-Fat Ham, Turkey Sausage, Pork Roll or Veggie Sausage

Add to Any Wrap or Sandwich

- Bacon, Low-Fat Ham, Turkey Sausage, Pork Roll or Veggie Sausage \$2.75

- Extra Egg \$1 Each

- Sub Egg Whites Wrap \$3 Sandwich \$2.5

- American, Provolone, Swiss, or Cheddar \$1.5

- Avocado, Spinach, House Pico or Fruit Salsa \$1.5

Fresh Bagels \$3.5

Everything or Plain

All Bagels are served toasted unless requested otherwise.

Add to your Bagel:

- Cream Cheese \$2

- House Veggie Cream Cheese \$3

- Butter \$1.5

Breakfast Sides

Turkey Sausage, Pork Roll, Veggie Sausage,

Bacon or Low-Fat Ham \$3

Breakfast Potatoes \$4.25

Toasted Thomas English Muffin \$3

Add Butter \$1.5

Fresh Fruit Smoothies GF

20 oz Smoothies made with Your Choice of Fruit

Strawberry, Mango, Banana, Blueberry, Pineapple

Blended with 100% Orange Juice and Low-Fat Vanilla Yogurt. \$6.75

Add Whey Protein or Peanut Butter for \$2
 *Dairy-Free Upon Request

Allergy warning, menu items may contain or come in contact with meat, eggs, soy, nuts, milk and shellfish. Ask our staff for more information.

GF - Gluten-Free





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LUNCH MENU



Apps & Sides

Hummus Platter **V**
Made In-House with Garlic, Tahini, Lemon, toasty Pita. \$8

Pita + Veggies \$9
All Veggies \$10 **GF**

Buffalo Breasts **GF**
Grilled Chicken Strips, Buffalo Sauce, Bleu Cheese, Baby Carrots. \$8.75

Red Beans & Rice
Seasoned Rice & Beans. \$6.5

Edamame **V**
Warmed, lightly salted. \$6.5

Veggie Pasta Salad
Tri-Color Rotini, fresh Veggies, Italian Seasonings, Parmesan Cheese, Lite Caesar Dressing. Large \$12 / Small \$6.75

GF - Gluten-Free
V - Vegan

Healthy Kids' Menu

Toppings for sandwiches available upon request.
All Sandwiches come with Baby Carrots.

Ham & Cheese
97% Fat-Free Ham, American Cheese, Whole Wheat. \$5.75

Hot Diggity Turkey Dog
A Healthy Alternative \$5.75
Add Cheese for \$1

Dino Bites
Dinosaur shaped Chicken Nuggets, grilled, not fried. \$6

Kids' Grilled Cheese
A smaller version of our Classic, served on Whole Wheat. \$5.75

PB & J
Grape Jelly, Creamy Peanut Butter, Whole Wheat \$5.75

From The Garden

Gary's Garden Salad **GF/V**
Romaine, Mixed Greens, Seasonal Veggies. Full \$9.25 / Half \$6.5

Classic Caesar Salad
Crisp Romaine, Parmesan, Lite Caesar Dressing, House Garlic Croutons. Full \$10.5 / Half \$7

Chef Salad **GF**
Romaine, Mixed Greens, Tomato Wedges, Fresh Baked Turkey Breast, Low-Fat Ham, assorted Cheeses. \$15

Top any Salad with:
Grilled Chicken \$6
(Make it Dirty or Buffalo, add \$1)
Grilled Shrimp \$7.5
Grilled Atlantic Salmon \$10
Grilled Yellowfin Tuna (served Med-Rare) \$10
Crab Cake MKT
Gluten-Free Crab Cake MKT

Dressings: Asian Sesame, Honey Mustard, House Honey Mustard Vinaigrette, Blue Cheese **GF**, Lite Caesar **GF**, Ranch **GF**, Balsamic Vinaigrette **GF/V**, Italian **GF/V**, Red Wine Vinaigrette **GF/V**

Sandwiches & Wraps

Build-Your-Own Sandwiches (unless otherwise noted) with available toppings. Substitute Side Salad, Grilled Veggies, Red Beans & Rice or Veggie Pasta Salad \$3.5

Sandwiches served on your choice of Whole Wheat Kaiser, Whole Wheat, or Rye (unless otherwise noted). Make most items gluten-free by omitting bread or wrap. Wraps available on Plain or Tomato Flour Tortillas.
All Sandwiches and Wraps come with Herr's Ripple Chips and a Dill Pickle Spear.

The Original Turkey Cheese Steak **V**
Our best seller! Chopped Turkey Breast, melted American Cheese, toasty Sub Roll. \$12.75
Make it a Buffalo Turkey Cheese Steak, add \$1
Or..... Have it in a Wrap instead, with your choice of Plain or Tomato Wrap and available toppings.

Gary's Famous Turkey Burger **V**
A 1/2 pound Turkey Burger blended with Gary's own Mixture of Seasonings. \$12.75
Or..... Have it in a Wrap instead, with your choice of Plain or Tomato Wrap and available toppings.

Turkey Burger Royale with Cheese **V**
Our Famous Turkey Burger topped with melted American Cheese, shredded Lettuce, Dill Pickle, Raw Onion, and Mac Sauce. \$13.75

Crab Cake Sandwich
Hand-Made in Crisfield, MD, with Eastern Shore Seasonings. **MKT**
We also have a Gluten-Free Crab Cake available, **MKT**

Yellowfin Tuna Steak Sandwich Seasoned and grilled Med-Rare. \$14
(unless otherwise requested).

Blackened Tuna Wrap
Blackened Yellowfin, House Pineapple-Mango Salsa, Dirty Rice, Lettuce. \$15

Salmon Sandwich
Seasoned and grilled. \$14

Cajun Catfish Sandwich
Seasoned, grilled, topped with Louisiana's Own Cajun Power Garlic Sauce. \$14

Buffalo Chicken Wrap
Grilled Chicken, Buffalo Sauce, Lettuce, Tomato, Bleu Cheese or Ranch Dressing. \$12.5

Southwest Wrap
Grilled Chicken Breast, Cheddar Cheese, House Pico, Red Beans & Rice, Lettuce, Texas Pete Hot Sauce. \$13.5

Chicken Caesar Wrap
Grilled Chicken Breast, crisp Romaine, Lite Caesar Dressing, Parmesan Cheese. \$11.75

Zatty Wrap
Grilled Chicken Breast, Cheddar Cheese, Honey Mustard, Bacon, Lettuce, Tomato. \$13.75

Grilled Ham & Swiss
97% Fat-Free Ham, grilled, topped with melted Swiss Cheese, toasty Thick-sliced Wheat Bread. \$11

Traditional BLT Sandwich
Toasted Whole Wheat or Rye, Bacon, Lettuce, Tomato, Mayo. \$9

Double Dog with Cheese
2 grilled Turkey Dogs, melted American Cheese, toasty Sub Roll. \$9.75

Veggie Melt **V**
Seasoned Grilled Veggies, melted American Cheese, Lettuce, Tomato, toasty Sub Roll. \$9.75
Or..... Have it in a Wrap instead, with your choice of Plain or Tomato Wrap and available toppings.

Cali Garden Burger **V**
100% Natural Ingredients, Certified Vegan. \$11

Grilled Cheese
BEST. GRILLED CHEESE. EVER.
Thick-sliced Wheatberry Wheat Bread, melted American Cheese. \$8.75

Gary's Fresh Baked Turkey Breast

Sandwiches served on your choice of Whole Wheat Kaiser, Whole Wheat, or Rye (unless otherwise noted). All Sandwiches come with Herr's Ripple Chips and a Dill Pickle Spear.

Substitute Side Salad, Grilled Veggies, Red Beans & Rice or Veggie Pasta Salad \$3.5

Build-Your-Own Turkey Breast Sandwich **V**
Carved in-House and piled high. \$13.75

Double-Decker Turkey Club
3 pieces of toasted Whole Wheat, Lettuce, Tomato, Mayo, crispy Bacon. \$14.75
Add Cheese \$1.5

Turkey Reuben
Grilled Seeded Rye Bread, Sauerkraut, melted Swiss Cheese, 1,000 Island Dressing. \$13.75

Thanksgiving Wrap
Homemade Stuffing, Whole Berry Cranberry Sauce, Mayo.
(Plain or Tomato Wrap) \$13.5

Available Toppings:

For Free: Lettuce, Tomato, Grilled or Raw Onions, Heinz Ketchup, Gulden's Spicy Mustard, French's Yellow Mustard, Low-Fat Mayo, Crushed Hot Peppers, Sweet Pepper Strips, Cocktail Sauce, Tartar Sauce

Avocado, Bacon, Grilled Mushrooms, Jalapenos, Cranberry Sauce, Spinach, House Pico, House Fruit Salsa \$15

Cheese: American, Swiss, Provolone, Cheddar \$1.5

Fresh Fruit Smoothies **GF**

20 oz Smoothies are made with Your Choice of Fruit:

Strawberry, Mango, Banana, Blueberry, Pineapple

Blended with 100% Orange Juice and Low-Fat Vanilla Yogurt. \$6.75

Add Whey Protein or Peanut Butter for \$2
*Dairy-Free Upon Request



Gary's Dewey Beach Grill **Established 1991**

Gary's has long been a locals' favorite for flavorful, healthy, chef-driven foods in a casual, laid-back atmosphere. Serving breakfast, lunch, and dinner, our menu features a variety of Dewey staples, as well as inspired creations. In 2017, Gary's was stoked to finally turn our passion for brewing beer into our own little brewery, and 38° -75° Brewing was born, offering our patrons fresh, creative brews made less than thirty yards from their glasses. In addition, Gary's continues to support local and national independent breweries with our large selection of craft cans, bottles, and draught beers. Family friendly and a popular beach house gathering spot, Gary's has a little of something for everyone.

Thanks for visiting us and sharing in the Gary's experience. As we call Dewey Beach our home, please kindly remember that we can get very busy during peak summer times. And please know that our staff is trying their very hardest to make your experience one that you will remember. So, if at times, things seem to take a little longer than normal, relax, enjoy a fresh 38° -75° brew, or other cold beverage, enjoy the tunes and good company, and remember that the beach is less than 100 yards away.

Cheers!

To Start...

Hummus Platter V

Made In-House with Garlic, Tahini, Lemon, toasty Pita. \$8

Pita + Fresh Veggies \$9

All Veggies \$10 GF

Grilled Veggies GF/V

Seasoned and grilled assorted Veggies. \$8.5

Garlic Bread

Grill-seared with Garlic & Butter, baked 'til toasty. \$6.75

Mozzarella Cheese Bread

Our Garlic Bread topped with melted Mozzarella. House Marinara, fresh Parsley. \$10.25

Buffalo Breasts GF

Grilled Chicken Strips, Buffalo Sauce, Bleu Cheese, Baby Carrots. \$8.75

Edamame V

Warmed, lightly salted. \$6.5

From The Garden

Gary's Garden Salad GF/V

Romaine, Mixed Greens, seasonal Veggies.

Full \$9.25 | Half \$6.5

Classic Caesar Salad

Crisp Romaine, Parmesan, Lite Caesar Dressing, House Garlic Croutons. Full \$10.5 | Half \$7

Chef Salad GF

Romaine, Mixed Greens, Tomato Wedges, Fresh Baked Turkey Breast, Low-Fat Ham, assorted Cheeses \$15

Top any Salad with:

Grilled Chicken \$6

(Make it Dirty or Buffalo, add \$1)

Grilled Shrimp \$7.5

Grilled Atlantic Salmon \$10

Grilled Yellowfin Tuna (served Med-Rare) \$10

Crab Cake **MKT**

Gluten-Free Crab Cake **MKT**

Dressings: Asian Sesame, Honey Mustard, House Honey Mustard Vinaigrette, Blue Cheese GF, Lite Caesar GF, Ranch GF, Balsamic Vinaigrette GF/V, Italian GF/V, Red Wine Vinaigrette GF/V

Small Bites

Make your Tacos gluten-free by substituting Lettuce Wraps for Tortillas.

Blackened Tuna Tacos (2)

Grilled Yellowfin Tuna, soft Flour Tortillas, House Cucumber-Cilantro Sour Cream, Sriracha Drizzle, shredded Lettuce. Side of Black Bean & Corn Pico. \$13.5

Jerk Marinated Pulled Pork Tacos (2)

Slow Roasted Pork Loin, soft Flour Tortillas, House Pineapple-Mango Salsa, shredded Lettuce. \$12

Shrimp & Crab Quesadilla

Seasoned grilled Shrimp, Claw Crab Meat, Cheddar, Mozzarella. House Pico, Sour Cream. \$14

Chicken Quesadilla

Seasoned Grilled Chicken Breast, Cheddar, Mozzarella. House Pico, Sour Cream. \$12

From the Grill

Sandwiches served on your choice of Whole Wheat Kaiser, Whole Wheat, or Rye (unless otherwise noted). Make most items gluten-free by omitting bread or wrap. All Sandwiches come with Herr's Ripple Chips and a Dill Pickle Spear. Build-Your-Own Sandwiches (unless otherwise noted) with available toppings.

Substitute Side Salad, Grilled Veggies, Red Beans & Rice, Veggie Pasta Salad or Baked Potato **\$3.5**

The Original Turkey Cheese Steak 🍴

Our best seller! Chopped Turkey Breast, melted American Cheese, toasty Sub Roll. \$12.75

Make it a Buffalo Turkey Cheese Steak, add \$1

Or..... Have it in a Wrap instead, with your choice of Plain or Tomato Wrap and available toppings.

Gary's Famous Turkey Burger 🍴

A 1/2 pound Turkey Burger blended with Gary's own Mixture of Seasonings. \$12.75

Or..... Have it in a Wrap instead, with your choice of Plain or Tomato Wrap and available toppings.

Turkey Burger Royale with Cheese 🍴

Our Famous Turkey Burger topped with melted American Cheese, shredded Lettuce, Dill Pickle, Raw Onion, and Mac Sauce. \$13.75

Crab Cake Sandwich

Hand-Made in Crisfield, MD, with Eastern Shore Seasonings. **MKT**

We also have a Gluten-Free Crab Cakes available, **MKT**

Yellowfin Tuna Steak Sandwich

Seasoned and grilled Med-Rare. \$14

(unless otherwise requested).

GF - Gluten-Free

V - Vegan

Salmon Sandwich

Seasoned and grilled. \$14

Cajun Catfish Sandwich

Seasoned, grilled, topped with Louisiana's Own Cajun Power Garlic Sauce. \$14

Cali Garden Burger 🍴

100% Natural Ingredients, Certified Vegan \$11

Grilled Cheese

BEST. GRILLED CHEESE. EVER.

Thick-sliced Wheatberry Wheat Bread, melted American Cheese. \$8.75

Turkey Reuben

Grilled Seeded Rye Bread, Sauerkraut, melted Swiss Cheese, 1,000 Island Dressing. \$13.75

Available Toppings:

For Free: Lettuce, Tomato, Grilled or Raw Onions, Heinz Ketchup, Gulden's Spicy Mustard, French's Yellow Mustard, Low-Fat Mayo, Crushed Hot Peppers, Sweet Pepper Strips, Cocktail Sauce, Tartar Sauce

Cheese: American, Swiss, Provolone, Cheddar **\$1.5**

Avocado, Bacon, Grilled Mushrooms, Jalapenos, Cranberry Sauce, Spinach, House Pico, House Fruit Salsa **\$1.5**

Allergy warning, menu items may contain or come in contact with meat, eggs, soy, nuts, milk and shellfish. Ask our staff for more information.

Big Bites

CHEF'S FRESH SPECIALS

Prepared Fresh Daily!

Please see Chef's Specials Sheet for Creations and Prices.

MARYLAND CRAB CAKES

Hand-Made in Crisfield, MD, seasoned and baked 'til Golden Brown. Dressed Mixed Greens, grilled seasonal Veggies, House Dirty Rice. MKT
We also have Gluten-Free Crab Cakes available, MKT

Gary's Pastas

All Pastas choice of Penne or Linguine. Topped with Parmesan Cheese.

SEAFOOD PASTA 🍤

A Local Favorite...Shrimp and Sea Scallops, fresh Garlic, Our Signature Lite White Sauce [made with 2% Milk, Parmesan Cheese, and our blend of flavorful Spices]. \$24

SHRIMP PASTA 🍤

Shrimp, fresh Garlic, our Signature Lite White Sauce, Parsley. \$22

WILD MUSHROOM RAVIOLI

Assorted Mushrooms, Ricotta, Romano and Parmesan Cheese filling. House Marinara, Parmesan, Parsley. \$16

SPINACH RAVIOLI

Spinach, Roasted Garlic and Ricotta Cheese filling. House Marinara, Parmesan, Parsley. \$16

CHICKEN PASTA

Sautéed Chicken Breast, fresh Garlic, House Marinara, Parsley. \$18

VEGGIE PASTA 🍆

Sautéed seasonal Veggies, fresh Garlic, House Marinara, Parsley. \$16.5

PASTA MARINARA

Just the Sauce. \$12

Gary's Cajun Specialties

All Cajun Entrees served with a side of Cornbread.

DIRTY CHICKEN 🍗

Seasoned, grilled Chicken Breast topped with Louisiana's Own Cajun Power Garlic Sauce, House Dirty Rice. \$17.75

Dirty Rice & Grilled Veggies \$20.5

All Veggies \$22

CAJUN CATFISH 🐟

Seasoned, grilled, topped with Louisiana's Own Cajun Power Garlic Sauce. House Dirty Rice. \$21.5

Dirty Rice & Grilled Veggies \$23.5

All Veggies \$25.5

GARY'S ÉTOUFFÉE

Classic NOLA dish done New Orleans Street style... Crawfish Tail Meat, Shrimp, Smoked Sausage, House Dirty Rice, savory Sauce, fresh Parsley. \$25

JAMBALAYA 🍤

A New Orleans Classic. Tomato-based with Peppers, Onions, and House Dirty Rice. Seasoned to your liking with:

Chicken \$18

Shrimp \$22

Chicken and Shrimp \$20.5

Veggies \$16.5

Sides

RED BEANS & RICE

Seasoned Rice & Beans. \$6.5

VEGGIE PASTA SALAD

Tri-Color Rotini, fresh Veggies, Italian Seasonings, Parmesan Cheese, Lite Caesar Dressing.

Small \$6.75 Large \$12

BAKED POTATO GF

Served with Sour Cream and Butter. \$4

HOMEMADE CORNBREAD

3 pieces, served with Butter. \$4.75

Dessert

Brownie A La Mode

Warmed, Home-baked Brownie, Vanilla Ice Cream, Whipped Cream, Chocolate Sauce, Cherry. \$8.75

Ask About Any Special Desserts!

GF - Gluten-Free

V - Vegan

🍷-Gary's Original

Consuming raw or undercooked meats, seafood or shellfish may increase your risk of foodborne illness.

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Dewey Sushi

Served After 5 pm

To Start...

Tuna Cocktail GF

Yellowfin Tuna, Seaweed Salad, Cucumber garnish, Black & White Sesame Seeds, Sesame Oil Drizzle. \$15

Tuna Poke Bowl GF

Sesame-marinated Yellowfin Tuna, Sticky Rice, Seaweed Salad, Cucumber, Avocado, Carrot, Green Onion, Sesame Seeds, Sriracha. \$16.5

Seaweed Salad GF/V \$6

Edamame V \$6.5
Warmed, Lightly Salted

Maki (rolls)

California GF

Crab Stick, Avocado, Cucumber, Red Tobiko. \$9.25

Spicy Tuna* GF

Yellowfin Tuna, Wasabi Sauce. \$9.75

Dewey* GF

Yellowfin Tuna, Cucumber, Cream Cheese. \$10.5

Dynamite GF

BBQ Eel, Cucumber, Spicy Mayo. \$10.75

Philly* GF

Atlantic Salmon, Cream Cheese. \$10.25

Shrimp Tempura

Fried Shrimp, Sesame Seeds. \$9.75

Spider

Panko-Crusted Soft Shell Crab, Crab Stick, Avocado, Cucumber, Red Tobiko. \$13.5

Chesapeake

Seasoned Shrimp Tempura, Chilled Crab Imperial. \$12.75

Veggie GF/V

Assortment of Fresh Seasonal Veggies. \$7

Cucumber GF/V

Just the Cuke. \$6

Godzilla

Yellowfin Tuna, Atlantic Salmon, Shrimp Tempura, Crab Stick, Avocado, Cucumber, Wasabi, Spicy Mayo, Sesame Seeds. \$16

Nigiri

(rice covered with fish, 2 pieces)*

Yellowfin Tuna GF \$9

Shrimp GF \$8

Atlantic Salmon GF \$9

Sashimi

(just the fish, 3 pieces)*

Yellowfin Tuna GF \$10

Atlantic Salmon GF \$10

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